



### **Ingredients**

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2 green tea bags

4 cups water

2 peaches (peeled/sliced)

2 TBSP lemon juice

1 TBSP honey

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# ICED PEACH GREEN TEA

### **Instructions**

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1. In a quart sized mason jar, combine teabags and water. Close lid and put in refrigerator overnight.
2. Next day, remove teabags and combine green tea, peaches, lemon juice & honey in a blender. Blend on high until peaches are liquified.
3. Set a fine mesh strainer over pitcher/bowl and pour through the strainer, scraping away any pulp.
4. Serve over ice with an extra squeeze of lemon. Tea will keep in a sealed jar in the fridge for up to 3 days.

**SHAKE WELL BEFORE SERVING!**